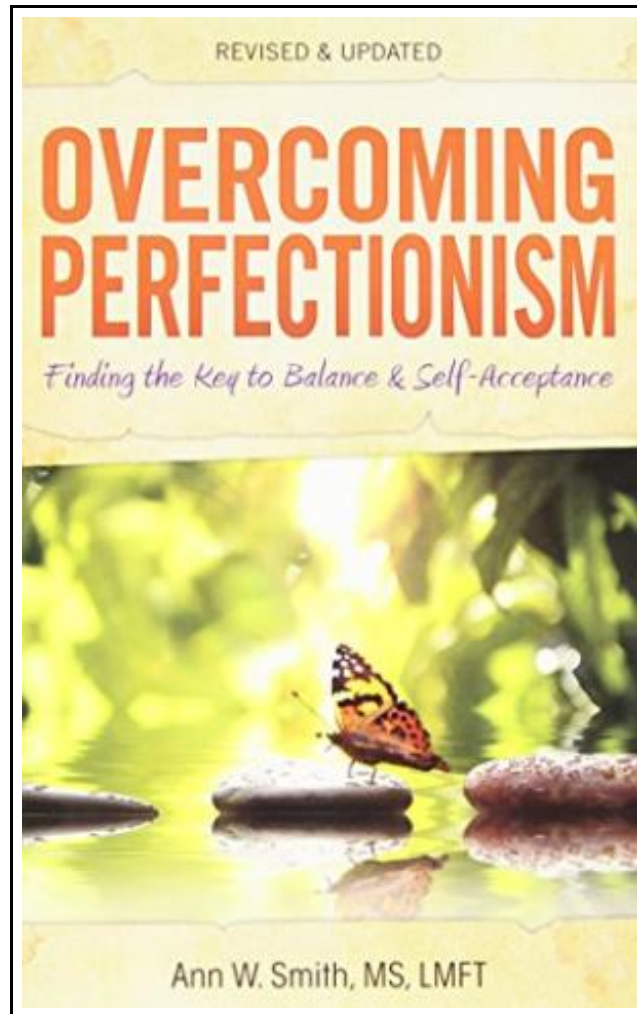


## Overcoming Perfectionism: Finding the Key to Balance and Self-Acceptance



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