



## Your Sexuality: Getting on with Getting Over It: A Series of Guides to Help You (and Your Kids) Recover from Separation, Divorce or Bereavement

By Dr Julie Leoni

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Whether you are divorced, single or bereaved, coming out of a relationship and being on your own again can be hard; it can knock how you feel about yourself sexually. This book will give you permission to explore your own sexuality, to find out what you like now and don t, what worked in the past and what didn t. There are practical ideas, stories and questions to get you thinking about what you d like to try with the focus being on you. Whether alone or with a partner, focus on your body, your sensations, your desire and what you want now.



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