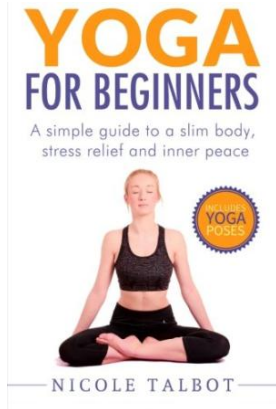


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# YOGA FOR BEGINNERS: A SIMPLE GUIDE TO A SLIM BODY, STRESS RELIEF AND INNER PEACE



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- Authored by Nicole Talbot
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