



## The Equip Program: Teaching Youth to Think and Act Responsibly through a Peer-Helping Approach

By John C. Gibbs, Granville Bud Potter, Arnold P. Goldstein

Research Press Inc., U.S. Paperback. Book Condition: new. BRAND NEW, The Equip Program: Teaching Youth to Think and Act Responsibly through a Peer-Helping Approach, John C. Gibbs, Granville Bud Potter, Arnold P. Goldstein, A three-part intervention method for working with antisocial or behavior disordered adolescents. The approach includes training in moral judgment, anger management/correction of thinking errors, and prosocial skills. Youth involved in the EQUIP training program participate in two types of group sessions - Equipment Meetings (in which the leader teaches specific skills) and Mutual Help Meetings (in which the leader coaches students as they use the skills they've learned to help each other). The EQUIP program received the 1998 Reclaiming Children and Youth Spotlight on Excellence Award. In addition to being widely used in the U.S., EQUIP has been adapted for use in Canada, the Netherlands, and several other countries. Program Evaluation In an evaluation of the program, 57 boys between the ages of 15 and 18 who were recently committed to a juvenile corrections facility were randomly assigned to one of three groups: 1) The experimental EQUIP treatment group, 2) the motivational control group, or 3) the simple control group. Results indicated that participants in the EQUIP group...

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