



For Better The Science of a Good Marriage

By Tara Parker-Pope

HighBridge Company. No binding. Book Condition: New. Audio CD. Dimensions: 5.9in. x 5.1in. x 1.2in. We've all heard the statistic: Fifty percent of marriages end in divorce. It's enough to make many couples give up when the going gets rough, thinking that what everybody else does. But what if it weren't true? What if, in fact, it's not only possible but often easier than you think to save a seemingly troubled relationship? These are the questions leading New York Times blogger Tara Parker-Pope asked herself after her own divorce. An investigative journalist on the health and wellness beat, she turned to some of the top biologists, neuroscientists, psychologists, and other scientists for the facts about marriage and divorce. Those facts were more positive and provocative than she'd ever expected, and *For Better* offers page after page of astonishing, eye-opening good news. Parker-Pope presents the science behind why some marriages work and others don't; the biology behind why some spouses cheat and others remain faithful; the best diagnostic tools created by the most cutting-edge psychologists to assess the probability of success in getting married, staying married, or remarrying. There are questionnaires to uncover potentially damaging hidden attitudes toward spouses. There are tools...



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Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e book. It's been designed in a remarkably straightforward way and it is only after I finished reading through this publication by which basically altered me, modify the way I believe.

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